

**VOLUNTEER ACTIVITY FOR GRADE 8 & HIGH SCHOOL YOUTH  
APPLICATION DEADLINE IS FEBRUARY 16<sup>TH</sup> 2010.**

**THINKfast 2010 PERMISSION FORM**

Begin fast on February 20<sup>th</sup> at 7:00pm (please skip dinner that night). St. Augustine's Youth Group will participate in a THINKfast Volunteer Service Activity. This activity is an opportunity to complete 25 volunteer hours, and educates young people about poverty and social injustice in the poor countries of the South. The young people learn about the many things they can do to support change in our society and in other countries.

**FASTING GUIDELINES**

The Development and Peace fasting guidelines require that a child is age 11 or older if they wish to participate. The children will be provided with water, juice, and herbal teas. If your child has a medical condition such as diabetes, heart disease, ulcers etc... he/she should not participate. The activities will be fun and educational.

\*\*\*SEE THE ATTACHMENT FOR THE AGENDA AND ACTIVITIES\*\*\*

**TEACHER/PARENT VOLUNTEERS NEEDED**

If you wish to volunteer please indicate on the form.

I \_\_\_\_\_ would like to supervise or cook

Circle one (yes or no)

Please provide appropriate bedding and clothes (no tank tops please!) *The Youth Group will participate at Mass on Sunday February 21, 2010 at 10:30am.*

*Parents are welcome to join us at the Mass. A dinner will be served at approximately 2:00pm.(pick up at 3:00pm)*

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**Code of Conduct: All the youth are expected to behave with respect. Pledges must be handed in at check in time.**

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I permit \_\_\_\_\_ to participate.  
(THINKfast 2010 LIFE BEFORE PROFIT)

Signature - Parent/Guardian: \_\_\_\_\_

School: \_\_\_\_\_ Home Tel. #: \_\_\_\_\_

OHIP # \_\_\_\_\_ Birth date: \_\_\_\_\_

\*VOLUNTEERS ARE SCREENED ACCORDING TO DIOCESAN GUIDELINES\*

**ST. AUGUSTINE CHURCH & PARISH CENTRE  
58 SYDENHAM ST. DUNDAS, ON L9H-2T9  
CONTACT B. PICKETT (905) 628-2880  
SEE REVERSE FOR, what to bring?**